

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> Sign-up in binder for all outings </div>	<h1 style="color: #0070C0;">May 2024</h1> <h2 style="color: #0070C0;">Activities</h2>		9:00 Women's Billiards (GR) 1 9:00 Women's Coffee (SS) 10:30 Catholic Communion (L) 3:00 Bingo (GR) 3:30 Board Games (GR) 3:30 Mah-Jongg/Libby (GR)	2:00 Music: Harding Academy Students (MR) 2 3:00 Trivia: John & Anne Plummer (MR)	9:00 Women's Billiards (GR) 3 10:15 Mistletoe Alpaca Farm Outing 2:00 Bible Study (L) 4:30 Relax at the Rendezvous (L)	7:30 Men's Billiards (GR) 4			
			2:00 Mah-Jongg/ Libby (GR) 5	9:00 Women's Billiards (GR) 6 10:15 Dance/ Vickie Oates (MR) 3:00 Bingo (GR) 3:30 Board Games (GR) 4:45 Cocktails & Conversations (A)	8:30 Audiology Associates (L) 7 9:00 Men's Coffee (SS) 10:00 Grocery Trip/ Publix 2:00 Turnip Green Lecture/ Jada (MR) 3:00 Knit Time (A)	9:00 Women's Billiards (GR) 8 9:00 Women's Coffee (SS) 10:30 Catholic Communion (L) 3:00 Bingo (GR) 3:30 Board Games (GR) 3:30 Mah-Jongg/Libby (GR)	5:00 Derby Party/ Music: Jesse Gibens Jazz Duo (DR) 9	9:00 Women's Billiards (GR) 10 12:30 Movie: Oppenheimer (MR) 2:00 Bible Study (L) 4:30 Relax at the Rendezvous (L)	7:30 Men's Billiards (GR) 11
			11:30 Mother's Day Brunch (DR) 12 2:00 Mah-Jongg/ Libby (GR)	9:00 Women's Billiards (GR) 13 10:15 Dance/ Vickie Oates (MR) 3:00 Bingo (GR) 3:30 Board Games (GR) 4:45 Cocktails & Conversations (A) 7:15 Music: MJB Scholars Program (MR)	9:00 Men's Coffee (SS) 14 10:00 Grocery/ Kroger 2:00 Speaker: Judge Frank Clement (MR) 3:00 Knit Time (A)	9:00 Women's Billiards (GR) 15 9:00 Women's Coffee (SS) 9:30 Turnip Green Workshop at Turnip Green Creative & Reuse 10:30 Catholic Communion (L) 3:00 Bingo (GR) 3:30 Board Games (GR) 3:30 Mah-Jongg/Libby (GR) 3:30 St. George's Communion (L) 7:15 Music/ Blair: Amelia Ly (MR)	2:00 Cher The Therapy Dog's 14th Birthday (AT) 16 7:15 Music: Nathan Cheung (MR)	9:00 Women's Billiards (GR) 17 2:00 Bible Study (L) 3:00 Book Club: Libby Nicholson (MR) 4:30 Relax at the Rendezvous (L)	7:30 Men's Billiards (GR) 18
			2:00 Mah-Jongg/ Libby (GR) 19	9:00 Women's Billiards (GR) 20 10:15 Dance/ Vickie Oates (MR) 2:00 Speakers/ Brenda Gadd Council Member & Michael Briggs Representative (MR) 3:00 Bingo (GR) 3:30 Board Games (GR) 4:45 Cocktails & Conversations (A)	9:00 Men's Coffee (SS) 21 10:00 Grocery Trip/ Publix 2:00 Speaker/Dr. Brandy Hood / Axonics (MR) 3:00 Knit Time (A) 7:15 Music: MJB Scholars Program (MR)	9:00 Women's Billiards (GR) 22 9:00 Women's Coffee (SS) 10:30 Catholic Communion (L) 1:00 Writing Workshop with Meg Wade/ Larkspur (GR) 3:00 Bingo (GR) 3:30 Board Games (GR) 3:30 Mah-Jongg/Libby (GR)	4:00 Wine Tasting with Phillip Patti (MR) 23	9:00 Women's Billiards (GR) 24 10:45 Lunch Bunch/ Chateau West 1:00 Bocce Ball & Bags (P) 2:00 Bible Study (L) 4:30 Relax at the Rendezvous (L)	7:30 Men's Billiards (GR) 25
			2:00 Mah-Jongg/ Libby (GR) 26	9:00 Women's Billiards (GR) 27 10:15 Dance/ Vickie Oates (MR) 11:30 Memorial Day Brunch/ Music: Bill Sleeter (DR) 3:00 Bingo (GR) 3:30 Board Games (GR) 4:45 Cocktails & Conversations (A)	9:00 Men's Coffee (SS) 28 10:00 Grocery/ Kroger 2:00 Current Events: Jack Robinson & Bennett Tarleton (MR) 3:00 Knit Time (A) 5:30 Birthday Dinner (DR)	9:00 Women's Billiards (GR) 29 9:00 Women's Coffee (SS) 10:30 Catholic Communion (L) 2:00 Resident Council (MR) 3:00 Bingo (GR) 3:30 Board Games (GR) 3:30 Mah-Jongg/Libby (GR)	10:00 Craft (GR) 30 3:00 Trivia: Lavonne & Lois (MR)	9:00 Women's Billiards (GR) 31 10:30 Lunch Bunch: Riverview Restaurant Ashland City 2:00 Bible Study (L) 4:30 Relax at the Rendezvous (L)	<div style="border: 1px solid black; padding: 5px;"> Abbreviation Key GR= Game Room L= Lounge MR= Meeting Room DR= Dining Room A= Atrium SS= Soda Shop </div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<h1>May 2024</h1> <h2>Activities</h2>			8:30 Stretch 1 9:00 Watercise 9:30 Tai Chi 10:00 Weights & Motion 2:00 STRENGTH AND MOBILITY	8:00 Open Gym 2 9:00 Mat Yoga 10:00 Sit, Be Fit 10:35 Get Fit 11:00 Open Gym 12:30 Standing Tall 1:00 Standing Tall (A)	8:30 Stretch 3 9:00 Watercise 10:00 Line Dance Class 2:00 STRENGTH AND MOBILITY	4		
			5 8:30 Stretch 9:00 Watercise 9:30 Tai Chi 10:00 Circuit Training 10:15 Dance with Vickie Oates 2:00 STRENGTH AND MOBILITY	6 9:00 Mat Yoga 7 10:00 Sit, Be Fit 10:35 Get Fit 11:00 Open Gym 12:30 Standing Tall 1:00 Standing Tall (A)	8:30 Stretch 8 9:00 Watercise 9:30 Tai Chi 10:00 Weights & Motion 2:00 STRENGTH AND MOBILITY	9 8:00 Open Gym 9:00 Mat Yoga 10:00 Sit, Be Fit 10:35 Get Fit 11:00 Open Gym 12:30 Standing Tall 1:00 Standing Tall (A)	8:30 Stretch 10 9:00 Watercise 10:00 Line Dance Class 2:00 STRENGTH AND MOBILITY	11
			12 8:30 Stretch 9:00 Watercise 9:30 Tai Chi 10:00 Circuit Training 10:15 Dance with Vickie Oates 2:00 STRENGTH AND MOBILITY	13 9:00 Mat Yoga 14 10:00 Sit, Be Fit 10:35 Get Fit 11:00 Open Gym 12:30 Standing Tall 1:00 Standing Tall (A)	8:30 Stretch 15 9:00 Watercise 9:30 Tai Chi 10:00 Weights & Motion 2:00 STRENGTH AND MOBILITY	16 8:00 Open Gym 9:00 Mat Yoga 10:00 Sit, Be Fit 10:35 Get Fit 11:00 Open Gym 12:30 Standing Tall 1:00 Standing Tall (A)	8:30 Stretch 17 9:00 Watercise 10:00 Line Dance Class 2:00 STRENGTH AND MOBILITY	18
			19 8:30 Stretch 9:00 Watercise 9:30 Tai Chi 10:00 Circuit Training 10:15 Dance with Vickie Oates 2:00 STRENGTH AND MOBILITY	20 9:00 Mat Yoga 21 10:00 Sit, Be Fit 10:35 Get Fit 11:00 Open Gym 12:30 Standing Tall 1:00 Standing Tall (A)	8:30 Stretch 22 9:00 Watercise 9:30 Tai Chi 10:00 Weights & Motion 2:00 STRENGTH AND MOBILITY	23 8:00 Open Gym 9:00 Mat Yoga 10:00 Sit, Be Fit 10:35 Get Fit 11:00 Open Gym 12:30 Standing Tall 1:00 Standing Tall (A)	8:30 Stretch 24 9:00 Watercise 10:00 Line Dance Class 2:00 STRENGTH AND MOBILITY	25
			26 8:30 Stretch 9:00 Watercise 9:30 Tai Chi 10:00 Circuit Training 10:15 Dance with Vickie Oates 2:00 STRENGTH AND MOBILITY	27 9:00 Mat Yoga 28 10:00 Sit, Be Fit 10:35 Get Fit 11:00 Open Gym 12:30 Standing Tall 1:00 Standing Tall (A)	8:30 Stretch 29 9:00 Watercise 9:30 Tai Chi 10:00 Weights & Motion 2:00 STRENGTH AND MOBILITY	30 8:00 Open Gym 9:00 Mat Yoga 10:00 Sit, Be Fit 10:35 Get Fit 11:00 Open Gym 12:30 Standing Tall 1:00 Standing Tall (A)	8:30 Stretch 31 9:00 Watercise 10:00 Line Dance Class 2:00 STRENGTH AND MOBILITY	